

The Path to Freedom Journal



**Christ has set us free to live a free life. So
take your stand! Never again let anyone
put a harness of slavery on you.**

(Galatians 5:1 - MSG)

**This journal
belongs to:**

INTRODUCTION



Hello friend,

I'm Stacia, Executive Chef at www.thecompassionchef.com, where I can help you on your path to freedom! I provide attainable solutions for everyday life lessons that will assist you as you embark on your journey to confronting and conquering those insecurities and fears that prevent you from being who God created you to be. I wanted to create a journal that will not only bring glory to God, but comfort you through the process as you break free from the chains of your past. I pray that this journal will inspire you to seek God with your whole heart. He is the way. Your freedom is waiting!

Blessings,

Stacia



2 Corinthians 3:17

**“Now the Lord is the Spirit,
and where the Spirit of the
Lord is, there is freedom.”**

Reflect:

Pray:

Affirm:



Reflect: _____

Pray: _____

Affirm: _____



Psalm 118:5

**“Out of my distress I called on
the Lord, the Lord answered
me and set me free.”**

Reflect: _____

Pray: _____

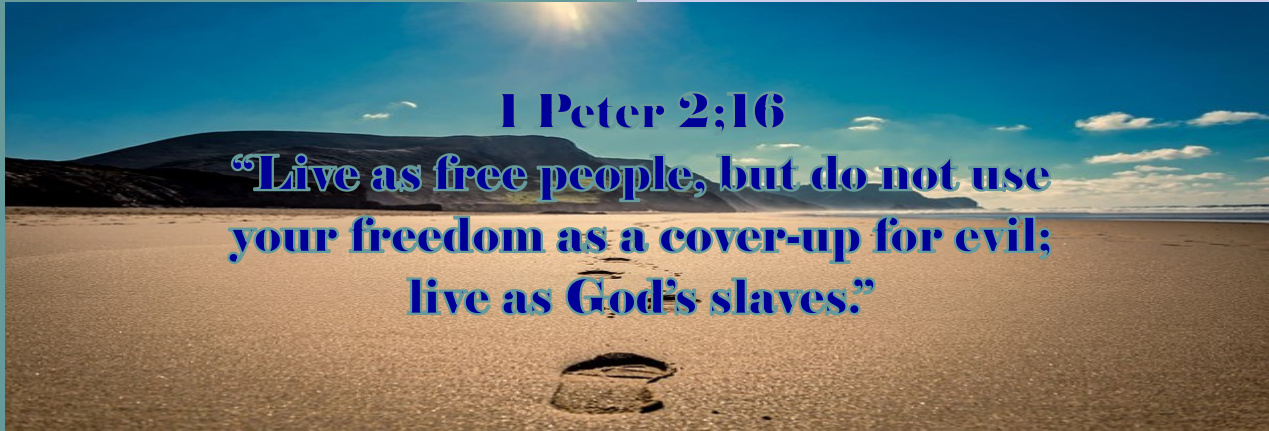
Affirm: _____



Reflect: _____

Pray: _____

Affirm: _____



1 Peter 2:16

**“Live as free people, but do not use
your freedom as a cover-up for evil;
live as God’s slaves.”**

Reflect: _____

Pray: _____

Affirm: _____



Ephesians 3:12

**“In him and through faith in him we
may approach God with freedom and
confidence.”**

Reflect: _____

Pray: _____

Affirm: _____

Galatians 5:13

“For you have been called to live in freedom, my brothers and sisters. But don’t use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love.”

Reflect: _____

Pray: _____

Affirm: _____

Luke 4:18

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free.”

Reflect: _____

Pray: _____

Affirm: _____

EPILOGUE



Hello again,

I pray that you enjoyed this path to freedom journal and that it was a blessing to you. My hope is that this journal has brought you closer to God and much needed freedom from the chains of your past. Prayerfully, you have been impacted in a positive way that has allowed you to be able to release those strongholds that have been wreaking havoc in your life. Your feedback would be greatly appreciated . I can be reached at info@thecompassionchef.com May God continue to bless you!

Cheerfully in Christ,

Stacia